

PHYSICIAN REFERRAL

PATIENT'S NAME: _____

DIAGNOSIS: _____

PRECAUTIONS: _____

- ☐ Evaluate And Treat
☐ Home Program (i.e. Home, Gym)
☐ Work/Functional Conditioning
☐ Therapeutic Exercise
☐ Traction
☐ Modalities
☐ Other _____

COMMENTS: _____

Frequency: _____ X Per Week For _____ Weeks

Signature: _____

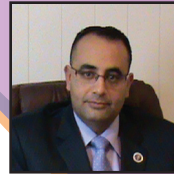
Date: _____

We accept referrals from any physician.

Most insurance plans are accepted.

Please give us a call for more information

St. Tereiza Physical Therapy



Dr. Malak Azab, PT, DPT, TPI CGFI, CKTP

Dr. Malak Azab is a doctor of physical therapy and has been practicing physical therapy since 1995.

He received his doctorate in physical therapy from the prestigious Widner University in Chester, PA, which is one of the first in the country to offer a clinical doctor of physical therapy degree.

He opened his private practice in 2004 and it proud to provide physical therapy for the Centereach, NY and Ridge, NY communities.

He has conducted clinical research on accelerated rehabilitation programs for postsurgical ACL patients and presented his work nationally to the American Physical Therapy Association.

The Effectiveness of Open versus Closed Kinetic Chain Exercises in Accelerated Rehabilitation after Anterior Cruciate Ligament Reconstruction Surgery.

Dr. Azab has over 15 years of experience with a variety of patients from infants with developmental delays to seniors with arthritis, balance, and chronic pain.

Dr. Azab's treatment philosophy:

- Provide custom treatment programs based on your individual needs.
- A hands-on approach incorporating a variety of techniques.
- He has advanced training in myofascial release, joint mobilization techniques, therapeutic massage.

Dr. Azab's clinical interests include treating the following:

- Neck and back pain patients
- Arthritis patients
- Shoulder & knee patients
- Sports injuries

Dr. Malak Azab received his Golf Fitness Instructor Certification from the Titleist Performance Institute. He has studied and researched the mechanics and injuries related to the golf swing.

Dr. Azab is married to his beautiful wife Sherry and has 2 wonderful children. In his spare time he enjoys cycling, soccer, and fishing. He loves to participate in sports with his kids. He is also a Deacon in his church.



Better Care. Better Services. Better Results.

Conveniently Located:

2539 Middle Country Rd., Suite 101
Centereach, NY 11720
631-467-3381 • Fax: 631-467-3383

Ridge Medical Center
681 Whiskey Road • Ridge, NY 11961
631-744-8014 • Fax: 631-744-8018

www.sttereizapt.com

Helping you with comprehensive care:

Low back & neck pain
Total joint replacement rehab
Sports injuries • Work injuries
Strains & sprains
Osteoarthritis & rheumatoid arthritis
Fibromyalgia
Postsurgical rehab
Stroke therapy
Chronic pain • Heel pain
Difficulty walking
Tendonitis & bursitis
Nerve injuries
Personal injuries • Golf rehab

Helping you with patient conveniences:

Doctoral trained
Hands-on therapy
One-on-one personal attention
Convenient extended hours
State-of-the-art equipment
Treatment by the same therapist
Laser & Anodyne Therapy
Most insurance accepted & filed

Unhurried, personal
one-on-one attention.

Comprehensive care from
experienced staff.

Proven results.

Doctoral trained.

Hands-on therapy.

Just some of the reasons to choose
the right physical therapist.



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Physical Therapy

When you are injured or in pain, skilled physical therapy can improve your physical and functional capabilities. But you need the right physical therapist. One who has the experience to restore and enhance your optimal physical function.

Whether you suffer from back or neck pain, a shoulder injury, knee or leg pain, sprains or strains, arthritis or postsurgical challenges, St. Tereiza Physical Therapy can get you out of pain and back to life.

We have worked with people of all ages and from all walks of life. We know musculoskeletal injuries and conditions firsthand. We can help.

St. Tereiza is miles ahead of the competition.

We carefully evaluate you before you start any physical therapy program. We also monitor you throughout, making sure you achieve your goals safely.

After your thorough initial evaluation, we design a program to fit your physical therapy or athletic enhancement needs. Our combined expertise, experience and dedication to one-on-one, hands-on care put us far ahead of the competition.

St. Tereiza helps you after joint replacement surgery.

Joint replacement surgery is becoming more and more common as technology and surgical techniques advance. Today, people receive new knee, hip and shoulder joints to replace those damaged by age, overuse and injury or trauma. We work closely with orthopedic surgeons to design the most effective land-based physical therapy for you.



Sport Injuries

St. Tereiza helps with your orthopedic injury needs.

Delivering one-on-one attention and personal care in a positive, supportive atmosphere, efficiently and effectively, is what we're all about. Using a unique combination of positive motivation and personal attention, we have helped many people achieve their physical therapy goals. We have worked with people as young as 4 and as old as 96. We treat:

- Knee injuries (ACL, MCL, patellofemoral, etc.)
- Shoulder injuries (rotator cuff, impingement, etc.)
- Ankle sprains & strains
- Back & Neck injuries (whiplash, herniated disc, etc.)
- Musculoskeletal conditions
- Post-orthopedic surgery rehab

Helping you get back to work, to sports, to life.

If you are like most physical therapy patients, you prefer personal, hands-on, one-on-one care with a caring, experienced physical therapist. That's exactly what you will experience when you visit St. Tereiza Physical Therapy.

We spend all the necessary time with you to make sure you reach your physical therapy goals. To ensure your success, we use all the latest techniques and give you access to all the most advanced equipment in a pleasant, motivational environment.



Work Injuries

St. Tereiza helps with all of your back and neck problems.

Back pain is one of the most common health problems in America. Neck pain often results from work-related or auto accident injuries. We can get you out of pain and back in motion again with the most effective physical therapy for your specific back and neck needs.

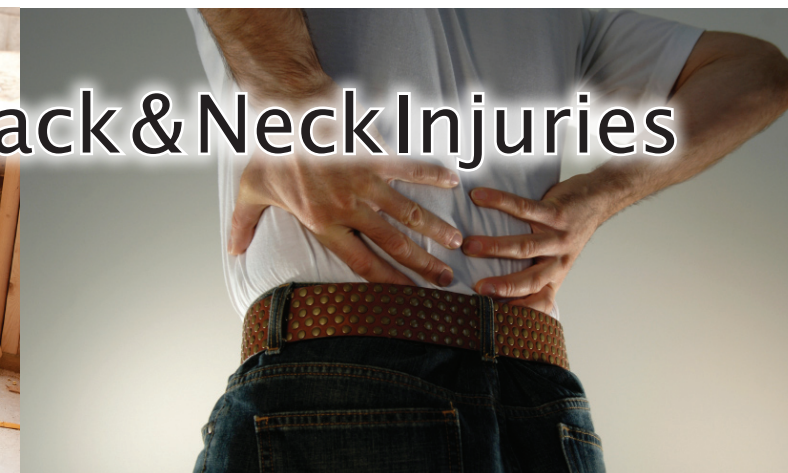
St. Tereiza helps athletes with rehab and strengthening.

We work closely with all kinds of athletes, from casual weekend warriors to those who participate in competitive sports. We help them improve their biomechanics and overcome shoulder, knee and elbow injuries while strengthening their muscles.

We also provide:

- Extensive fitness equipment
- Discounts on post rehab fitness memberships

Find out how results, dedication and personalized one-on-one care can make all the difference in your game, your work and your life.



Back & Neck Injuries

Ask Us How The Most Advanced, Most Effective, Most Complete & Most Compassionate Physical Therapy Care Available anywhere, can help you...



Better Care. Better Services. Better Results.

Dr. Malak Azab, PT, DPT, TPI CGFI, CKTP

For more information, please call one of our conveniently located offices.

Centereach: 631-467-3381
Ridge: 631-744-8014

Email: malakazab@sttereizapt.com

Any conditions that alter or diminishes your ability to move correctly, efficiently and without pain is our specialty. Restoring your functional movement is our goal. Helping you recover your overall fitness and well-being is our mission.

Visit Us On The Web At:
www.sttereizapt.com